

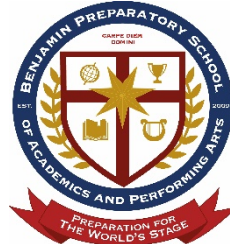
*The Benjamin Preparatory School*

V=Vegetarian

ALL SIDES ARE INCLUDED IN THE VEGETARIAN MEAL ENTRÉE

**Breakfast:**  
**Monday-** Blueberry Bagel w/ Cream Cheese & Fruit  
**Tuesday-** Cereal Bar w/ Fruit  
**Wednesday-** Cinnamon Raisin bagel w/ Cream Cheese, Oranges  
**Thursday –** Cheerios & Seasonal Fruit  
**Friday-** Pancakes & Turkey Bacon w/ Fruit

**Snacks:**  
**MONDAY**  
 AM: Graham Crackers & Gogurt  
 PM (1): Pretzels & Seasonal Fruit  
 PM (2): Oranges & Goldfish  
**TUESDAY**  
 AM: Animal Crackers & Cheese  
 PM (1): Seasonal Fruit & Cereal Bar  
 PM (2): Veggie Straws & Seasonal Fruit  
**WEDNESDAY**  
 AM: Ms. Carla's Mix & Seasonal Fruit  
 PM (1): Cheez-Itz & Seasonal Fruit  
 PM (2): Animal Crackers & Raisins  
**THURSDAY**  
 AM: Graham Crackers & Seasonal Fruit  
 PM (1): Pretzels & Cucumbers  
 PM (2): Nutri Grain Bar & Raisins  
**FRIDAY**  
 AM: Ms. Carla's Mix & Gogurt  
 PM (1): Wheat Thins & Cheese  
 PM (2): Cereal Bar & Seasonal Fruit



# Benjamin Preparatory School

## MARCH Menu 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 Dr. Seuss Birthday Green Pesto Pasta & Turkey Ham Steam Carrots Strawberries & Green Grapes	3 Soft Shell Tacos w/ ground turkey & shredded cheese Pinto Beans Tortilla Chips Fruit	4 Homestyle Hamburger Helper w/ ground turkey Corn Fruit V=Veggie Helper	5 Pizza Sliders with Turkey Pepperoni Side Salad w/ ranch Fruit V=Cheese Pizza Sliders	6 Turkey Sandwiches Veggie Dippers w/ ranch Pretzels Fruit V=Veggie Chicken Nuggets
9 Chopped Chicken Bowl w/ diced chicken, rice and spinach Fruit V=Veggie Bowl	10 Cheese Nachos Corn & Black Beans Fruit	11 Macaroni & Cheese Green Beans Fruit	12 Turkey Burgers On bun w/ cheese Side Salad Fruit V=Veggie Burger	13 Turkey Wraps Cherry Tomatoes Cheez its Fruit V=Veggie wraps
16 (V) Edamame Noodle Bowl Mixed Greens Fruit	17 Honey BBQ Meatballs Roasted Potatoes Fruit V=Honey BBQ Veggie Patty	18 Popcorn Chicken Seasoned Rice Corn Fruit V=Grilled Cheese	19 Chicken Ranch Tacos w/ cheese Mexican Beans Tortilla Chips Fruit V=Black bean tacos	20 Cheese Pizza Green Beans Fruit
23 Sloppy Joe on Bun Green Beans Roll Fruit V=Veggie Joe	24 Bean Burrito Corn Fruit	25 Baked Chicken Green Peas Fruit V=Veggie Chicken Patty	26 Chicken & Waffles Steam Carrots Fruit V=Waffles & Yogurt	27 Lasagna Side Salad Roll Fruit V=Lasagna
30 Cheese Stuffed Breadsticks Marinara Sauce Mixed Veggies Fruit	31 Fiesta Taco Bowl w/ Ground turkey, Black beans, Corn & Rice Topped w/ cheese and Tortilla chips Fruit V=Fiesta Taco Bowl w/out Ground turkey			

Morning snack served with milk. Second snack served with apple juice. All other snacks served with water.